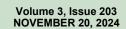
SUNDAY WORSHIP SCHEDULE: Traditional Service 8:30am Adult Classes 9:30am Praise Service 10:30am Communion on December 1

ASBURY UNITED METHODIST CHURCH

Good News



Our Mission:

To Make Disciples of Jesus Christ for the Transformation of the World

An Attitude of Gratitude

Grateful THANKFUL Plessed This Sunday is the Sunday before Thanksgiving. For some of us the Thanksgiving weekend is a time to get a break from work, gather with family and friends, and maybe eat too much turkey!

But Thanksgiving is also a great opportunity for us to remember the importance of gratitude. Gratitude is a feeling but it is also a choice. We can choose to be grateful for the blessings we have or we can take those blessings for granted. We can choose to say thank you to God for the good things we experience in life or we can always dwell on the negatives.

If you or I have had a difficult year, it may be harder to feel gratitude. It may be harder to cultivate a grateful attitude and heart. But by seeking to be grateful we can often change our own mood! You may find you are a little happier because you focused on the positive.

There is an old gospel hymn "Count your Blessings" which says: "Count your many blessings, name them one by one. Count your many blessings, see what God has done." Have you recently taken time to count the ways God has blessed you? Have you taken time to thank God for those blessings?

If you do count those blessings, you may find that your heart will swell with gratitude!

In Christ's Love, Pastor Tim

Advent Sunday Sermon Study Series *

December 1 - 22

Experiencing Christmas

Pick up the Book by Matt Rawle Available in Each Entryway!

Want to join a small group?
See Linda Manning or
call the church office 563-355-5218

Discipleship Pathway Moment....WITNESS



Asbury's Discipleship Pathway has 7 areas that follow our membership vows and this month we will explore WITNESS. Witness is probably the most intimidating of all the areas in the Pathway because it is sharing a part of us. But it doesn't have to be! You don't need to know all the "correct" Bible answers or memorize Bible verses to be a witness.

So, how can we witness to others about Christ? We all have a story to tell. It doesn't have to be long or involved. Simply have a conversation with someone and share ways that you have experienced God's love. Share how He answered a prayer or provided something important just at the right time. You can share how He has given you clarity when you needed to make a difficult decision. Talk about Asbury and all it means to you. Invite them to an event at Asbury!

We can also witness through our actions. People notice how we interact with others out in the community. When we are the hands and feet of Christ, that is a powerful witness without saying a word. Who can you share your story with today?

Isaiah 43:10: You are My witnesses, declares the LORD. Romans 1:16: Let your light shine before men that they may see your good works.

Jean Black and Vern Harvey Co-Leaders Discipleship Team



United Methodist Student Day November 24

An offering is taken on this Special Sunday to support and advance the education of our children. Your gift enriches ministry and connects students to their faith through scholarships for undergraduate, graduate, and doctoral programs for United Methodist students. Every dollar received goes toward supporting and educating a new generation of future leaders for the United Methodist Church!





<u>Volunteers Needed!</u>
Hanging of the Greens
November 24 at 1:00



Can't attend worship in person?
Worship online Sunday mornings

(a) 8:30 or 10:30am

Broadcasting only on YouTube











Bits and Pieces from Your Parish Nurse Team



As we come up to the holidays and all that it means and the numerous activities, we must remember to also take care of our mental well-being. Here is something to ponder:

There is a great lesson about success & leadership from studying the way buffaloes & cows respond to storms. What cows do is very natural. Cows sense the storm coming from the west & they start to try to run toward the east. The only problem with that is, if you know anything about cows, you know they aren't very fast. So the storm catches up with the cows rather quickly & without knowing any better the cows continue to try to outrun the storm. Buffaloes, on the other hand, instead of running away from the storm they run straight through it minimizing frustration & pain from the storm. It's the exact same storm and such a great metaphor because we are all dealing with the same types of storms. We don't get to choose whether or not we have storms. The only choice we get to have is how we respond, and more specifically, when we respond to the storms. Which direction are you heading?

Foot Clinic coming up on November 25th from 1:00 to 4:00 pm. Appointment times available—contact Cheryl to set up a time!

Be Well Everyone! Carol and Cheryl

Missions

AIM (ASBURY IN MISSION) "DOING GOD'S WILL"

NOVEMBER IS THE START OF THE HOLIDAY SEASON AND WE HAVE TWO IMPORTANT "MISSIONS OF THE MONTH"!



Salvation Army Bell Ringing at K & K — Asbury will once again be ringing the bell for Salvation Army Red Kettle donations starting Thanksgiving Friday through Christmas Eve day. Last year, our ever-growing list of "Jerry's Jinglers" plus other Asbury family and friends collected nearly \$10,000 at our K & K hardware site (one of the largest volunteer staffed Kettle sites in all of the QC.) Dave and Dana Nichols are once again coordinating our Church's efforts. Contact the Nichols' or the Church Office for the Easy-to-Use Link to Sign-up! THANK YOU!

Santa for Seniors – Asburians will once again be spreading some Christmas Cheer this Holiday Season to seniors residing at the Vistas at Bettendorf (formerly Iowa Masonic Health Facilities) skilled nursing unit. We are asking church members to donate dollars for items to include in Christmas gift bags for these seniors. Patti Sorensen, Diana Mahoski

and Teri Bishop will be coordinating this traditional mission activity at Asbury. You may leave your gift at the church or give online at <u>JesusIsTheBridge.org</u> by using the "Online Giving" option and choosing the "Missions" tab. Last year Asbury members delivered around 70 individual gift bags to the very appreciative residents. If you are interested in helping prepare and deliver the gift bags to residents, contact Patti Sorensen at 563-343-7351.

Thank You for Your Service! † Asbury Doing God's Will!

Thank you to all who supported Friendly Thrift Center, our Mission of the Month in October. Local organizations were funded with \$25,00 in grants. Your donations and shopping supports this outreach!

- •Office Hours....Asbury Office Hours are Monday-Friday, 8:00-Noon and afternoons by request. Please feel free to contact a staff member if you need assistance after hours. The office will be closed Wednesday, Thursday & Friday, November 27-29.
- •Church Council...meets on Monday, December 16 at 6:30pm. Everyone is welcome.
- •RootsKidsRootsKids Children's Ministry for 3-Year-Olds through 5th Grade meets on Sundays at both 8:30 and 10:30am. Contact Rebecca Erickson at rebeccae@asbury-bett.org for more information. Adult volunteers are needed.
- •<u>Element 412 Youth Ministry</u>...for youth in 6th-12th Grade on Sundays at 6:00pm. Contact Becca Johnson at <u>beccaannejohnson94@gmail.com</u> to receive a schedule, emails and updates! <u>Adult volunteers are needed.</u>
- <u>Praises and Requests for Prayer</u>....may be submitted on our website by clicking on the "<u>Prayers & Praise</u>" button. If you would like to be part of Asbury's Prayer Team, please contact Pam & Pat Thornton, Pastor Tim or the Parish Nurse Team.
- •Thank You....for the wonderful, sweet surprise on my 100th birthday! I received too many cards to count from dear Asbury friends both near and far. You made my day so special. Thank you! Betty Houston
- •Thoughts of Sympathy....Our prayers are with Andy and Rebecca Erickson & family on the death of Andy's grandfather on Nov. 5.
- •Newsletter Deadline....Items for the next Good News should be in the church office no later than 8:00am on Monday, December 2.
- •<u>Bettendorf Food Pantry</u>....The Food Pantry always appreciates your non-perishable food and/or cash donations! There is a basket at the office door and a bin near the elevator at Asbury where you may leave donations. **Thank you!**
- •<u>Friendly Thrift Center</u>....They are currently in need of men's clothing (especially hats & gloves), children's coats, clothing & coats for infants and towels & wash cloths. **Thank you!**
- •<u>Hannah Circle</u>....All women are invited on the second Tuesday of each month! Next meeting is a **Christmas Potluck Brunch at 9:30am** on **December 10 at Suzanne Yoder's home**, 5692 Butterfield Ct., Bettendorf. We will be collecting donations of mittens, scarves and men's underwear for the Friendly Thrift Center. Please join us for fun holiday fellowship. Everyone is welcome!
- •Rachel Circle Next meeting is December 10th at 6:30pm in the Asbury Connections Café. We will complete our project for the family we have adopted this Christmas. Please join us!
- •<u>Card Ministry</u>....Meets on the second Wednesday of each month at 6:30pm in Room 118 on the lower level. Next meeting is <u>December 11th</u>. To learn more about Card Ministry, go to their Facebook page, the Asbury website or contact Alinda Littrel or Linda Dudgeon. You can help support Card Ministry expenses by purchasing their beautiful cards in the church office!
- •<u>LIFT Ladies In Fellowship Together</u>...Details of dates and events can be found on their LIFT Facebook page. You may also contact Jenny Bloomquist, Julia Hensch, Marian Edmund-Paulson or Stephanie Pim. All women are invited!
- •Asbury Men's Group....Join us on Saturday mornings at 7:45am on December 7 & 14. Contact Cliff Pim (563-340-2722), Phil Paulson (309-502-9236) or the church office (563-355-5218) for more information or the ZOOM link. All men are welcome! Mark your calendar to reserve December 14 for Center Meal.
- •<u>Foundation Gift Recognitions</u>....Thank you to Angie & Talbot Berry, Don Nelson, Bev Reed and Darlene Roseleaf for their recent gifts to the Asbury Foundation. For information on how you can guarantee a strong future for the life and ministry of Asbury through a gift to the Foundation, please contact John Rabine or the church office. **This is a thoughtful way to honor your birthday or other occasions.**